

Bright Screens, Bright Minds

Script Overview: Camera 1- Puppet, Camera 2- House interior,  
Camera 3- Outdoors

Standby Studio Standby Control Room Standby Camera 2 Standby Title Standby Music Standby Host and Prompter Going live in 5-4-3-2 Music and Mics up Full Take Camera 2 and title Loose Title Dip Music Cue Host and Prompter	<i>Host lounging on couch, looking tired</i>
Standby Camera 1	Host: Man... I just finished playing some video games and my head is killing me!
Take Camera 1	
(Camera 2 will be on standby already)	Puppet: How long did you play for. Doctors say you should only have 1-2 hours of screen time a day!
Take Camera 2	
(Camera 1 will be on standby already)	Host: Really?! Only a couple of hours of games? I gotta be honest, I don't even remember how long I played for today!
Take Camera 1	
Standby Animation Standby cut mics	Puppet: Headaches and memory loss can be caused by too much screen time. Let's look at how we can practice healthy screen time. Roll the clip!
Take Animation Cut Mics	
Cue talent to second spot (Camera 1 will be on standby) Standby mics	ANIMATION
Take Camera 1 Mics up full Cue Puppet	

Standby Host	
Standby Camera 3	Puppet: Let's take a screen break right now! What are some fun things we can do off the screen?
Take Camera 3  (Camera 1 will be on Standby)	Host: Ooh! I could draw, build with blocks, or even stretch! My eyes and brain will thank me later.
Take Camera 1  Standby Lower 3rd Standby black Standby cut mics and music up Take Lower 3rd Cut mics and music up  Standby Fade to Black Standby loose Lower 3rd Standby Fade Music Loose Lower 3rd Fade to Black Fade Music	Puppet: Exactly! Just remember to take breaks, move around, and keep your screen time smart. For more information on healthy screen time, ask an adult to visit the website below!